

## Unit Plan Assessment

### **Justification/Explanation:**

- M.1.MS.4 Apply all elements of the mature form of the manipulative skills of catch, kick, foot dribble, and strike with hand and implements in dynamic settings.
- M.1.MS.5 Demonstrate elements of the mature form of the manipulative skills of chest pass, bounce pass, hand dribble, volley, overhead pass, and punt in dynamic settings.
- M.1.NG.1 Demonstrate all elements of tactical problems, including off-the-object problems of scoring (e.g., maintaining a rally, setting up to attack, winning the point, attacking as a pair/team) and preventing scoring (e.g., defending space, defending against attack, defending as a pair/team) during modified net/wall games (e.g., 1 vs. 1, 2 vs. 2, or 6 vs. 6).
- M.1.NG.2 Demonstrate all elements of tactical problems, including on-the-object movements of scoring (e.g., maintaining a rally, setting up to attack, winning the point, attacking as a pair/team) and preventing scoring (e.g., defending space, defending against attack, defending as a pair/team) during modified net/wall games (e.g., 1 vs. 1, 2 vs. 2, or 6 vs. 6).
- K.2.MS.1 Apply knowledge of the critical elements of movement concepts while performing non-locomotor skills during participation in target, net/wall, invasion, and striking/fielding modified games in dynamic settings.
- K.2.NG.1 Analyze game play, synthesize skills or tactical problems of the game, or evaluate player performance of tactical problems, including off-the-object problems of scoring (e.g., maintaining a rally, setting up to attack, winning the point, attacking as a

pair/team) and preventing scoring (e.g., defending space, defending against attack, defending as a pair/team) during modified (e.g., 1 vs. 1, 2 vs. 2, or 6 vs. 6) net/wall games (e.g., compare/contrast volleyball and floor tennis).

- B.6.FB.1 Apply internal (prior knowledge) and external feedback to improve motor skills and movement patterns, fitness, and physical activities in dynamic settings.

### **Instructional Objectives:**

**Lesson 1 : Psychomotor: Students will be able to perform a underhand serve, bump, and set using TA from 3 of 4 times in a station setting**

**Cognitive: Students will be able to express knowledge of the game of volleyball in a pre-test**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times with a partner at the stations**

### **Lesson 2 :**

**Psychomotor: Students will be able to perform a bump, set, and underhand or overhand serve using TA from 3 of 4 times.**

**Cognitive: Students will be able to recognize the TA points of bump, set, and underhand or overhand serve.**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times with a partner during the drills**

**Lesson 3 :**

**Psychomotor: Students will be able to perform a block, and spike using TA from 3 of 4 times.**

**Cognitive: Students will be able to recognize the TA points of block, and spike**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times with a partner during the drills**

**Lesson 4:**

**Psychomotor: Students will be able to perform a serve, bump, set, and spike using TA from 3 of 4 times in a station setting**

**Cognitive: Students will be able to express knowledge of the game of volleyball in a post-test**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times during the games**

**Lesson 5:**

**Psychomotor: Students will be able to perform skills during the games**

**Cognitive: Students will be able to express knowledge in the game of volleyball**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times during the games**

**Lesson 6:**

**Psychomotor: Students will be able to perform volleyball skills during the game of volleyball**

**Cognitive: Students will be able to express rules of the game**

**Personal Social: Students will be able to demonstrate these skills 3 of 4 times during games**

**Grade Component:**

20 percent- Post Skills Test

40 percent- Better score between Pre and Post written test

30 percent- Participation/Effort

10 percent- Behavior/Attendance

**Tests:** Students will be graded 1-3 based on proficiency

“Set”

Student	Ready	Hands up	Diamond	Extend Fingers
1				
2				

“Bump”

Student	Ready	Arms out	Grip	Shrug
1.				
2.				

“Serve”

Student	Ready	Toss	Arm back	Strike, and Follow through
1				
2				

**Grading Scale:**

S+ Exceeds expectations.

Proficient in most skills and concepts. Gives full effort. Attends class regularly.

S-Satisfactory

Proficient in most skills and concepts. Gives full effort. Attends class regularly

N-Needs improvement

Proficient in few skills and concepts. May not give full effort/participation. May miss class often.

**Progress Report to parent:**

Dear, \_\_\_\_\_

This coming week we will be working on volleyball in physical education class. This includes things such as Forearm pass, Set, Spike, Block, and Serve. I encourage you to discuss these skills with your child. Feel free to ask them to show what each of the skills looks like. If you have any concerns or questions feel free to contact me via e-mail or phone.

Thank you,

Mr. Seward

**Data Collection Forms:**